

# Anti-racism Flashcards



Inclusive  
Aotearoa  
Collective  
Tāhono



As  
You

"What is  
Anti-racism?"



Responding  
to  
Racism



Supporting  
someone  
experiencing  
racism



"Where do  
you come from?"



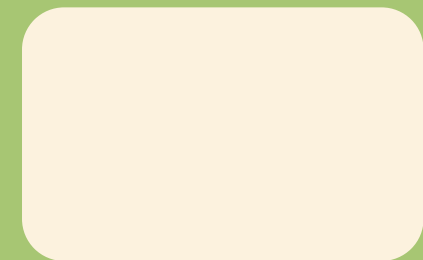
Expressing  
your Identity



Create your  
own card



Create your  
own card



These cards have been designed to assist and inform people in or around situations of everyday racism.

The cards offer suggestions of how to respond to actions and phrases that are tied to racism, and aim to alleviate some of the emotional labour involved.

All responses were developed through a community workshop, hosted by [As You](#) and [Inclusive Aotearoa Collective Tāhono](#)

### What is Anti-racism?

- Recognising the privileges that we have.
- Making systems and structures more inclusive.
- Creating blockers in place to navigate unconscious bias.
- Identifying and opposing discrimination against people on the basis of their racial/ethnic group.

### Responding to Racism:

- Ask them "what do you mean by that?"
- "That's not very funny."
- "I used to experience this all of the time. It is hurtful and exhausting."
- Ask them if they can back up what they are saying with any *real* statistics.
- Call in allies for support.

### Supporting someone experiencing racism:

- Listen and validate.
- Ask them what sort of support they would find useful.
- Educate yourself on the history of different cultures and communities.
- Empower those around you by recognising when situations need allyship and speaking up.

### "Where do you come from?"

- *You can rephrase your answer as a question, as it acknowledges tangata whenua as indigenous and tauwi as newcomers.*
- I was born in \_\_\_\_, but I grew up in \_\_\_\_. How about you?
- My ancestral roots are \_\_\_\_, but \_\_\_\_ is my home. How about you?
- My ancestors are from \_\_\_\_, I was born in \_\_\_\_, and I live here now.

### Expressing your Identity:

- Have conversations about your identity and share stories with others, because everybody has a unique history to tell.
- Use pepeha to begin these conversations.
- Recognise that identity is not a fixed concept and can change over time.
- Create platforms and space for people to express their identity.